



Cobb County...Expect the Best!

East Cobb Senior Center

On Going Activities for Adults age 55+

Call 770-509-4900 for details

DAILY

8:00am - 4:30pm Open Billiards
8:00am - 8:30am Indoor Walking
3:00pm - 4:00pm Indoor Walking
8:00am - 4:00pm Puzzles

MONDAYS

10:00am -12:00pm Catch'em Fishing Club (1st)
11:15am - 1:00pm BOOKED for Lunch Book Club (3rd)
11:45am - 4:30pm Bid & Play Bridge
10:00am - 4:00pm 5 Deck Canasta
1:00pm - 4:00pm American Mah Jongg
1:00pm - 4:00pm Intermediate Bridge
1:15pm - 2:45pm Guys & Dolls Choral Group

TUESDAYS

8:00am -10:30am Lockheed Retirees Mtg. & Breakfast
8:00am - 2:30pm Pinochle
9:30am -10:30am Line Dance Practice
10:30am -11:30am Intermediate Line Dance
10:00am - 3:00pm Duplicate Bridge (Partner required)
11:30am - 4:00pm 5 Deck Canasta
1:00pm - 2:00pm Intermediate Sign Language
1:00pm - 2:30pm Advanced Line Dance
1:00pm - 4:00pm Mexican Train Dominoes
1:30pm - 4:00pm Table Tennis
1:00pm - 2:00pm Garden Club (3rd)
2:00pm - 3:00pm Beginner Sign Language

WEDNESDAY

9:00am-11:00am East Cobb Classic Golf Club Board Mtg. (3rd)
10:00am-11:15am N.A.R.F.E. Business Meeting (2nd)
9:30am-12:00pm American Mah Jongg
10:30am-12:00pm Diabetes Support Group (1st)
11:30am-1:30pm N.A.R.F.E Mtg. & Luncheon (2nd)
12:30pm-4:30pm Asian Mah Jongg
1:00pm-3:30pm Ballroom Dance Practice (1st & 3rd)
1:00pm-4:00pm Knitting
1:00pm-4:00pm Intermediate Bridge
2:00pm-3:00pm Foxtrotters' Ballroom Dance Board Mtg. (2nd)

THURSDAYS

8:00am-12:00pm Woodcarvers Club
8:30am-9:30am Golden Kiwanis Board Meeting (2nd)
9:00am-12:00pm Camera Club (1st)
9:30am-3:30pm Hand & Foot

10:00am -11:00am Golden Kiwanis Club
10:00am-12:00pm Camera Club Open Forum (3rd)
10:00am-1:00pm Cribbage
10:30am -12:30pm Ideas & Issues Book Club (3rd)
1:30pm-3:30pm A.A.R.P. Chapter Meeting (1st)
1:30pm-4:00pm Table Tennis
2:00pm-3:00pm Retired Military (2nd)

FRIDAY

8:00am-2:30pm Pinochle
9:30am-10:30am Line Dance Practice
10:00am-3:00pm Duplicate Bridge (Partner required)
11:30am-4:30pm Hand & Foot Canasta
10:30am-11:30am Intermediate Line Dance
1:00pm-2:30pm Advanced Line Dance
12:30pm -4:30pm Asian Mah Jongg
7:30pm-10:30pm Foxtrotters Dance (4th)

(1/2016)