

# Fall Tennis Classes

| CLASS                                   | LEVEL    | DAY          | TIME          | Sept. Activity Code | Nov. Activity Code |
|---|----------|--------------|---------------|---------------------|--------------------|
| <b>TOTS (ages 3 &amp; 4) QuickStart</b> | Beginner | Mondays      | 4:00-4:30pm   | 8690                | 8691               |
|   |          | Mondays      | 4:30-5:00pm   | 8692                | 8693               |
|   |          | Fridays      | 9:30-10:00am  | 8694                | 8695               |
|   |          | Saturdays    | 1:30-2:00pm   | 8696                | 8697               |
| <b>CHILD (ages 5-7) QuickStart</b>      | Beginner | Mondays      | 5:00-6:00pm   | 8698                | 8699               |
|   |          | Mondays      | 6:00-7:00pm   | 8700                | 8701               |
|   |          | Saturdays    | 2:00-3:00pm   | 8702                | 8703               |
|   |          | Saturdays    | 3:00-4:00pm   | 8704                | 8705               |
|   | Advanced | Mondays      | 5:00-6:00pm   | 8706                | 8707               |
|   |          | Saturdays    | 2:00-3:00pm   | 8708                | 8709               |
|   | Beginner | Mondays      | 7:00-8:00pm   | 8710                | 8711               |
|   |          | Saturdays    | 4:00-5:00pm   | 8712                | 8713               |
| <b>YOUTH (ages 8-11)</b>                | Advanced | Mondays      | 7:00-8:00pm   | 8714                | 8715               |
|   |          | Saturdays    | 3:00-4:00pm   | 8716                | 8717               |
|   | Beginner | Mondays      | 8:00-9:00pm   | 8718                | 8719               |
|   |          | Saturdays    | 5:00-6:00pm   | 8720                | 8721               |
| <b>JUNIORS (ages 12-15)</b>             | Advanced | Mondays      | 7:00-8:00pm   | 8722                | 8723               |
|   |          | Saturdays    | 4:00-5:00pm   | 8724                | 8725               |
|   | Beginner | Mondays      | 8:00-9:00pm   | 8726                | 8727               |
|   |          | Fridays      | 10:00-11:00am | 8728                | 8729               |
| <b>ADULTS (ages 16+)</b>                | Beginner | Saturdays    | 6:00-7:00pm   | 8730                | 8731               |
|   |          | Mondays      | 8:00-9:00pm   | 8732                | 8733               |
|   |          | Fridays      | 11:00-12noon  | 8734                | 8735               |
|   | Advanced | Mondays      | 8:00-9:00pm   | 8732                | 8733               |
| Beginner                                | Fridays  | 11:00-12noon | 8734          | 8735                |                    |

| PICKLEBALL | Adults (ages 15+) | Beginner | Mondays   | 6:00-7:00pm  | 8736 | 8737 |
|------------|-------------------|----------|-----------|--------------|------|------|
|            | Adults (ages 15+) | Beginner | Saturdays | 12:30-1:30pm | 8738 | 8739 |

Cost: \$72 for 1 hour each week for 6 weeks (\$97 for out-of-county residents);  
\$36 for Tots - 1/2hr/week for 6 weeks (\$61 for out-of-county residents)

**Classes begin weeks of Sept. 12, & Nov. 1 (Tues.-Sat.), Nov. 7 (Mon.)**  
Registration begins August 2 (non-residents August 3)



Register online at [www.cobbcounty.org](http://www.cobbcounty.org)  
& go to Register Online Go! (\*see back of form)  
or at Lost Mountain Tennis Center (770) 528-8525



Call the tennis center before coming to class if weather appears inclement *Cobb County...Expect the Best!*

## TENNIS APPRENTICE PROGRAM

**For ADULTS ages 18 & over - Saturdays, 5:00pm – 6:00pm**

Program sponsored by the USTA. Students receive: \* Free racket \* Free 1 year USTA membership

This program is for beginner players who want to learn tennis and advance to USTA league play. Students will take 6 weeks of clinics and advance to the next USTA league season (if we meet minimum participation requirements). Fee is only \$49 for this 6-week program. Clinics are limited to 16 participants. Registration is through the USTA Atlanta website. To register go to [www.cobbcounty.org/PARKS>Tennis](http://www.cobbcounty.org/PARKS>Tennis). The clinics begin Saturday, September 17<sup>th</sup> and November 5<sup>th</sup>.

### LOST MOUNTAIN TENNIS CENTER – 2016 FALL CLASSES – REGISTRATION FORM

Name: \_\_\_\_\_ If under 16: Age \_\_\_\_\_ Date of birth \_\_\_\_\_  
 Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 If school age: School attending \_\_\_\_\_ Grade \_\_\_\_\_  
 Phone # (H) \_\_\_\_\_ Phone # (B) \_\_\_\_\_  
 E-Mail \_\_\_\_\_ Would you like to be on our e-mail mailing list? Yes  No   
 Emergency contact: \_\_\_\_\_ Phone # \_\_\_\_\_  
 Class preferred / Barcode: \_\_\_\_\_ Level: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

Session starting date preferred: Week of September 12  Week of November 1  November 7 (Monday)

Return form & payment to: Classes, Lost Mountain Tennis Center, 4845 Dallas Hwy, Powder Springs, GA 30127  
[Check payable to Cobb County PARKS]

● You will be contacted if your selected class is full Please sign waiver on back of this form

**AGE CLASSIFICATIONS:**

Tots: ages 3 – 4      Child: ages 5 – 7      Youth: ages 8 – 11      Juniors: ages 12 – 15      Adults: ages 16 & older

**CLASS DESCRIPTIONS:**

**BEGINNER:** This accelerated six-lesson course gives novice players the skills, confidence and knowledge to begin playing. The goal of each class is to introduce one or more skills necessary to play tennis while keeping the development simple enough to build confidence.

**ADVANCED BEGINNER:** This level reviews the basic strokes taught in the Beginner Class while also introducing some new skills. In addition to the instruction, students begin actual play to learn positioning, rules and scoring. Participants for this level should have completed the Beginner Class and/or have some playing experience.



**COMPETITION:**

Opportunities for beginner level competition includes league play (ALTA & USTA), Round Robin Socials, & N.T.R.P. tournaments. Cardio Tennis is also available for beginners & advanced beginners.

- ALTA/USTA teams: Leagues each season (winter, spring, summer & fall) with new beginner teams formed each season.
- Round Robin Socials: Friday nights throughout the year. Schedule is available at tennis centers. All levels of social play.
- Baseliners, Pee Wee Academy & junior ALTA programs are available for the advanced juniors.

**Visit our website for Cobb P.A.R.K.S' latest information and to sign up for the Cobb P.A.R.K.S.' monthly e-news.**

**TENNIS CLASS INFORMATION**

- Tots & Child classes will be using the QuickStart format using small nets & sponge balls. For more information, please call Lost Mountain Tennis Center at (770) 528-8525.
- Cobb Tennis Centers offer tennis classes each quarter with 6 one-hour sessions (½ hour sessions for Tots). Registration begins at a designated time and continues until the classes are filled.
- ✳ Register for a class using Register Online Go! with your Client Log-in ID & your account PIN. If you do not have these numbers please call Lost Mountain Tennis Center at (770) 528-8525.
- Classes are offered once a week for 6 weeks. The fee for the classes is \$72.00.
- Classes have 4 - 8 students. Students in classes with less than the minimum registered will be given the option of meeting for fewer classes, switching to another class, credit for the next session offered, or a refund.
- In case of bad weather conditions, the instructor will make a decision on whether or not to hold the class. The instructor will notify the tennis center. If you have any doubt about the weather conditions, please call Lost Mountain Tennis Center.
- In case of cancellations for any other reason, every effort will be made to contact students. (Example: instructor illness/injury). Please be sure that we have your daytime and nighttime phone numbers.
- Cancelled classes will be made up at the regularly scheduled time by extending the session another week when possible, or by an agreed time between instructor and students.
- No refunds will be given after 7 days prior to the start of the session.

| 2016 CLASS SCHEDULE |  |                         | NR =<br>non-Cobb<br>residents |
|---------------------|--|-------------------------|-------------------------------|
| SEASON              | STARTING WEEK                                    | REGISTRATION (NR)       |                               |
| Winter              | January 11                                       | December 1 (2),<br>2015 |                               |
| Spring              | February 29 & April 18                           | January 26 (27)         |                               |
| Summer              | June 6 & July 25                                 | April 26 (27)           |                               |
| Fall                | Sept. 12 &<br>Nov. 1(Tues.-Sun.) & Nov. 7 (Mon.) | August 2 (3)            |                               |

In order that the department assures compliance with ADA (Americans with Disabilities Act), please make the staff who work with the program/facilities aware of any specific physical or service accessibility need, so that we can reasonably accommodate your request.

**RELEASE AND HOLD HARMLESS AGREEMENT - PERMISSION TO PROVIDE EMERGENCY MEDICAL TREATMENT**

Realizing the nature of this program, its physical demands and how important it is to follow rules, regulations, and instructions outlined by the staff of the Cobb County Parks, Recreation and Cultural Affairs Department, I am, to the best of my knowledge, in good health and able to participate in the program. I authorize the staff of the Cobb County Parks, Recreation and Cultural Affairs department to organize any required medical or first-aid procedure, or to take the undersigned to a hospital emergency room treatment. If any major treatment is required, I understand that every effort will be made to notify the individual indicated as emergency contact beforehand by telephone.

The undersigned hereby forever releases, discharges, and covenants to hold harmless the Cobb County Parks, Recreation and Cultural Affairs Department, the Cobb County Recreation Board, the Cobb Arts Board, the Cobb County Board of Commissioners and Cobb County, Georgia and any other person, firm, corporation charged or chargeable with responsibility or liability, their heirs, administrators, executors, successors and assignees from any and all claims, demands, damages, costs, expenses, loss of services, actions and causes of action belonging to the undersigned or arising out of any act or occurrence in connection with and particularly on account of all personal injury disability, property damage, loss or damages of any kind sustained or that may hereafter be sustained arising out of the matters described herein or in consequence of the participation in the recreation program sponsored by the Cobb County Parks, Recreation and Cultural Affairs department. The undersigned hereby bind their heirs, administrators, executors and successors. Further, this agreement shall apply to all unknown and unanticipated injuries and damages directly or indirectly resulting here-from. This Release and Hold Harmless Agreement shall constitute a full and complete release of any and all claims.

DATE: \_\_\_\_\_ BY: \_\_\_\_\_  
Signature of Participant

DATE: \_\_\_\_\_ BY: \_\_\_\_\_  
Signature of Parent or Guardian

✳ Signature of participant and parent/guardian are both required if participant is under age 19, or is registered for a program for the mentally or physically challenged, or other special population member.